



COPA ESQUEL GPA III 2025

ESQUEL, CHUBUT. ARGENTINA

05 DE ABRIL 2025

POWERLIFTING



Fecha Competencia:

05/04/2025

R�cord Argentino
R�cord Sudamericano
R�cord Mundial

N�	NOMBRE Y APELLIDO	IPO/GPA	Sleeves/wraps	SEX	F. Nac	PESO	Edad	DIV 1	DIV 2	CAT	SQUAT				BENCHPRESS				SUB.	DEADLIFT				TOTAL	Puntos	Coef	Rank	Rank	Puntos	Rank
											1.	2.	3.	4	1.	2.	3.	4		1.	2.	3.	4		Reshel	DAM	DAM	CAB	McC	McC
1	Mariano Castro	GPA	Sleeves	M	31-oct.-87	80,80	37	Open	-	82,50	170,0	-180,0	180,0	.	95,0	102,5	-107,5	NO	282,5	190,0	-205,0	-205,0	NO	472,5	494,24			7�	-	-
2	Rodrigo Suarez	GPA	Sleeves	M	30-mar.-95	74,70	30	Open	-	75,00	140,0	150,0	160,0	.	85,0	92,5	-100,0	NO	252,5	170,0	180,0	190,0	.	442,5	497,37			6�	-	-
3	Gabriel Diaz	GPA	Sleeves	M	17-sep.-94	78,80	30	Open	-	82,50	155,0	-165,0	165,0	.	92,5	-100,0	-100,0	NO	257,5	200,0	210,0	-220,0	NO	467,5	499,76			5�	-	-
4	Manuel Flores	GPA	Wraps	M	28-ene.-83	136,30	41	M40-44		140,00	180,0	190,0	210,0	.	100,0	-105,0	-110,0	NO	310,0	200,0	220,0	235,0	.	545,0	460,53			8�	550,45	1�
5	Enzo Aviles	GPA	Wraps	M	14-abr.-95	91,90	29	Open	-	100,00	130,0	140,0	-150,0	NO	80,0	-85,0	-90,0	NO	220,0	140,0	150,0	-165,0	NO	370,0	353,72			9�	-	-
6	Mario Castillo	GPA	Wraps	M	08-abr.-84	71,00	40	M40-44		75,00	160,0	170,0	180,0	.	105,0	112,5	117,5	.	297,5	215,0	225,0	235,0	-240,0	532,5	627,29			2�	532,50	2�
7	Nicolas Freeman	GPA	Wraps	M	15-oct.-86	89,10	38	Open	-	90,00	170,0	185,0	200,0	.	105,0	110,0	-115,0	NO	310,0	180,0	197,5	210,0	.	520,0	507,52			4�	-	-
8	Imanol Rodriguez	GPA	Wraps	M	03-abr.-96	78,70	29	Open	-	82,50	150,0	165,0	175,0	.	120,0	-125,0	-125,0	NO	295,0	200,0	215,0	230,0	.	525,0	562,80			3�	-	-
9	I�aki Rey	GPA	Wraps	M	24-jul.-89	90,00	35	Open		90,00	260,0	270,0	-280,0	NO	140,0	150,0	157,5	.	427,5	245,0	257,5	265,0	.	692,5	671,03			1�	-	-
10	Iria Espinoza	GPA	Wraps	F	11-jul.-85	90,00	39	Open		90,00	122,5	130,0	135,0	.	57,5	-62,5	67,5	.	202,5	125,0	135,0	142,5	.	345,0	489,90	489,9	7�		-	-
11	Carina Jara	GPA	Wraps	F	27-abr.-92	64,30	32	Open		67,50	115,0	-122,5	-122,5	NO	55,0	60,0	-65,0	NO	175,0	-125,0	125,0	135,0	.	310,0	525,14	525,1	4�		-	-
12	Johana Diaz	GPA	Wraps	F	13-mar.-88	64,70	37	Open		67,50	-130,0	130,0	-140,0	NO	60,0	65,0	-67,5	NO	195,0	140,0	150,0	-160,0	NO	345,0	583,05	583,1	2�		-	-
13	Wanda Martinez	GPA	Sleeves	F	22-sep.-06	51,40	18	Tn 18-19		52,00	75,0	82,5	-87,5	NO	35,0	-37,5	-37,5	NO	117,5	105,0	112,5	-120,0	NO	230,0	487,37	487,4	8�		-	-
14	Juana Lendich	GPA	Wraps	F	17-sep.-85	81,20	39	Open		82,50	125,0	135,0	-142,5	NO	60,0	65,0	-67,5	NO	200,0	140,0	150,0	-160,0	NO	350,0	520,80	520,8	5�		-	-
15	Belen Gimenez	GPA	Sleeves	F	02-dic.-99	66,10	25	Open		67,50	105,0	112,5	-120,0	NO	55,0	60,0	65,0	.	177,5	145,0	155,0	160,0	.	337,5	561,60	561,6	3�		-	-
16	Francis Calvo	GPA	Wraps	F	11-ene.-99	82,10	26	Open		82,50	100,0	-110,0	110,0	.	55,0	-60,0	-60,0	NO	165,0	115,0	120,0	-130,0	NO	285,0	421,52	421,5	11�		-	-
17	Natalia Calfu	GPA	Sleeves	F	28-may.-03	71,20	21	Jun		75,00	122,5	125,0	-130,0	NO	50,0	55,0	-57,5	NO	180,0	-137,5	137,5	-142,5	NO	317,5	505,46	505,5	6�		-	-
18	Noelia S�nchez Jenkins	GPA	Sleeves	F	10-ene.-93	72,70	32	Open		75,00	95,0	102,5	107,5	110,0	-42,5	42,5	-45,0	NO	150,0	125,0	135,0	-145,0	NO	285,0	448,59	448,6	9�		-	-
19	Sheila Sepulveda	GPA	Wraps	F	20-mar.-00	68,70	25	Open	-	75,00	125,0	132,5	137,5	.	70,0	75,0	-77,5	NO	212,5	150,0	-160,0	160,0	.	372,5	604,57	604,6	1�		-	-
20	Romina Argel	GPA	Wraps	F	01-sep.-91	78,60	33	Open		82,50	105,0	107,5	110,0	.	-50,0	52,5	-55,0	NO	162,5	117,5	120,0	-127,5	NO	282,5	426,58	426,6	10�		-	-



COPA ESQUEL GPA III 2025

ESQUEL, CHUBUT. ARGENTINA

05 DE ABRIL 2025

PUSHPULL



Fecha Competencia: 05/04/2025

Récord Argentino
Récord Sudamericano
Récord Mundial

N°	NOMBRE Y APELLIDO	IPO/GPA	SEX	F. Nac	PESO	Edad	DIV 1	DIV 2	CAT	ALT.	BENCHPRESS				DEADLIFT				TOTAL	Puntos	Rank	Rank	Puntos	Rank
											1.	2.	3.	4.	1.	2.	3.	4.		Reshel	DAM	CAB	McC	McC
1	Florencia Carrasco	GPA	F	21-jun.-91	54,70	33	Open		56		50,0	-55,0	-55,0	NO	135,0	142,5	150,0	-155,0	200,0	392,60	1°		-	-



COPA ESQUEL GPA III 2025
ESQUEL, CHUBUT. ARGENTINA
05 DE ABRIL 2025
DEADLIFT



Fecha Competencia: 05/04/2025

Récord Argentino
Récord Sudamericano
Récord Mundial

												DEADLIFT					Coefic.	Puntos	Rank	Rank	Puntos	Rank
Nº	NOMBRE Y APELLIDO	ARG o NOV?	IPO/GPA	Sleeves/ wraps	SEX	F. Nac	PESO	Edad	DIV 1	DIV 2	CAT	1.	2.	3.	4.	TOTAL	Reshel	Reshel	DAM	CAB	McC	McC
1	John Rowland	Seleccionar	GPA	Selecc	M	28-ene.-95	84,90	30	Open		90,00	250,0	267,0	275,0	-285,0	275,0	1,008	277,20		1°	-	-
2	Federico Ingram	Seleccionar	GPA	Selecc	M	19-dic.-06	134,80	18	Tn 18-19		140,00	190,0	220,0	250,0	260,0	250,0	0,846	211,50		2°	-	-
3	Lucia Diaz	Seleccionar	GPA	Selecc	F	21-jun.-99	55,80	25	Open		56,00	100,0	112,5	120,0	125,0	120,0	1,914	229,68	1°		-	-
4	Natalia Moraschetti	Seleccionar	GPA	Selecc	F	23-may.-84	80,30	40	M40-44		82,50	95,0	105,0	-120,0	NO	105,0	1,494	156,87	4°		105,00	1°
5	Antonella Lepin	Seleccionar	GPA	Selecc	F	21-sep.-01	76,20	23	Jun		82,50	115,0	125,0	145,0	-150,0	145,0	1,534	222,43	2°		-	-
6	Luna Ezquerra	Seleccionar	GPA	Selecc	F	13-ene.-11	62,00	14	Tn 13-15		67,50	75,0	85	-95,0	NO	125,0	1,735	216,88	3°		-	-